Management of Well Children and Young people with Newly Diagnosed Diabetes mellitus - Summary Clinical Guideline Derby & Burton

Reference No: CH CLIN D01

Summary guideline

To support the Derbyshire Children's Hospital and Queen's Hospital, Burton in the management of a well child or young person with newly diagnosed diabetes mellitus who are not acidotic, not significantly dehydrated, and able to tolerate oralrehydration and those recovering from Diabetes Ketoacidosis.

WHO Diagnostic criteria for diabetes

A- Symptoms of diabetes mellitus and Random plasma glucose of ≥11.1mmol/I

Derby site	Burton site
Paediatric Diabetes Specialist Nurse (PDSN) ext - 86963.	Paediatric Diabetes Specialist Nurse (PDSN) – 01332 786963.
8am-6pm during weekdays	8am-6pm weekdays.
8-4 pm over weekend.	8-4 pm over weekend.
(During these hours 'press 1' for an emergency to speak to them directly).	(During these hours 'press 1' for an emergency to speak to them directly).
Out of hours, a message can be left on this extension to be picked up at 8am the	Out of hours, a message can be left on this extension to be picked up at 8am the next day.
next day.	Email: uhdb.childrensdiabetes@nhs.net
Email: uhdb.childrensdiabetes@nhs.net	
Dr Tinklin, Dr Smith and Dr Kumar	Dr Vasista, Dr Lloyd-Nash
(secretary ext - 86824)	(secretaries 3271/3264)
Paediatric dietitian ext -85233)	Paediatric dietitian – Referral on V6 Orders -
	Dietician (Refer to Dietician)

B- Fasting Plasma glucose of ≥7.0mmol/l (Fasting is defined as no caloric intake for atleast 8 hours)