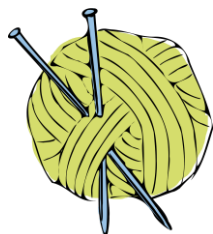


Twiddlemitt Instructions



This pattern is great for using up those left-over balls of wool. Experiment with different textures, but avoid Mohair, or any loose wool where the fibres can be pulled out. Use 6.5mm straight needles or 8mm circular needle.

Cuff

- Cast on 40 stitches with 2 strands of double knit or 1 strand of chunky wool.
- Work in stocking stitch (knit a row, purl a row) until 11 inches (28cm)

Body

- Continue in stocking stitch, use up odd bits of various textures and colours of wool, such as chunky wool, ribbon etc. until the work measures 23 inches (58.5cm).
- Cast off

Sewing and Decorating

- Lightly iron the work, and sew up the long edges, with the knit side facing outwards.
- Push the cuff inside of the body
- Sew the two ends together neatly.
- Choose a variety of decoration, different textures and colours. These can be added to the inside and outside of the mitt.
- Some examples are beads, buttons, bows, small soft toys, fabric patches or anything that can be sewn on and not easily pulled off. You could try to add in an inner pocket! Be creative!



Please check for any loose objects or pins that may have been left on the mitt.

The mitts can be donated to the library, for use with our patients as a distraction.

Also, please visit our wool exchange box to donate any wool, or to take/swap some for your own knitting/crochet projects!

Contact uhdb.library@nhs.net / 01332788146 with any questions.