

Cardiac arrest in the prone position

ENSURE FULL PPE AS PER GUIDANCE FOR AEROSOL GENERATING PROCEDURES IS WORN PRIOR TO STARTING CPR

Whilst it may be easier to resuscitate somebody in the supine position, turning a critically ill prone patient in an emergency is associated with significant risk. It is recommended that the efficacy of CPR should be judged using the end-tidal CO₂ and arterial pressure and waveform, with the patient turned supine if chest compressions are judged to be ineffective.

Chest Compressions

Two-handed technique for chest compressions, over the mid-thoracic spine located between the two scapula. Sternal counter-pressure may be applied using the hand of a second person.



Defibrillation

Successful defibrillation can be achieved with the pads either applied postero-lateral (one in the left mid-axillary line, the other over the right scapula) or in the bi-axillary positions.

