

# Distraction Collection

Housed in RDH and QHB libraries



- We have an assortment of memory boxes, books, jigsaws, games and therapy cats and dogs
- Twiddlemitts and teddies are available with no account required (single patient use)
- Distraction resources can be loaned out from either library during staffed hours (8am-6pm in Derby, 8am-4:30pm Mon-Thurs and 8am-4pm Fri in Burton)
- Please contact the library on **01332 788146** in Derby or **12383 511511 ext. 6486** in Burton to find out more, or email [uhdb.library@nhs.net](mailto:uhdb.library@nhs.net)

